



Every Tŷ Hafan dad has his own mountain to climb #5in55

About Tŷ Hafan and our dads

Tŷ Hafan is a leading Welsh children's charity. Our community programmes and hospice provide comfort, care and support to children with life-limited conditions and their families – where a short life is a full life.

Tŷ Hafan dad's group first started in 2008 and is a support network for fathers of children who use or have used Tŷ Hafan. The group enables dads to meet others in the same situation, helping them share their worries and fears about having a child with a life-limiting condition.

Why the 5in55 challenge?

- To strengthen relationships for our dads using Tŷ Hafan's services
- To encourage and develop peer support within the dad's group
- To reduce isolation experienced by families due to the complexities of parenting a sick child
- To encourage self worth and self belief, improving physical and mental health and well being
- To show others that no matter what the odds, no matter what obstacles lie before you, you can accomplish anything.

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Groundsure
LOCATION INTELLIGENCE

About the challenge

Climbing a combined height of 5,187m and covering over 36 miles in total, this challenge is about the Tŷ Hafan dads pushing themselves, inspiring others, forging friendships and proving, once again, that our dads are stronger together. It's more than just a group of men climbing mountains, it is about showing others that no matter what the odds, no matter what obstacles lie before you, you can accomplish anything. This is a group of dads who, regardless of their current destination, are walking the same journey in life and now want to walk together to inspire others and themselves.

Why we need your help!

Your support would mean we can cover the unavoidable costs of the challenge, allowing all the money raised by the dads over the course of the challenge to go straight back to Tŷ Hafan. It provides an opportunity for us to develop a relationship between you and Tŷ Hafan to support us in spreading our mission and vision across Wales, in the hope we can support more children with life-limiting conditions and their families.

What your sponsorship can provide

You can get involved with this exciting challenge by sponsoring one of the five mountains for £1,000 which will cover:

- Accommodation for Dad's Group at one of the peaks
- Food and general supplies
- Transport (hire and fuel)

What your sponsorship gets you

- **Brand exposure**
 - your logo on t-shirt / branding on bus / logo on supporter flag
- **Social media coverage** via Tŷ Hafan and #5in55 channels with over 16,000 Facebook likes and 14,000 Twitter followers
- **Staff engagement** opportunities including:
 - Tŷ Hafan presentations to your employees
 - Volunteering opportunities at Pen Y Fan cheer station at Tŷ Hafan
 - Video thank you from the dads at your sponsored peak
 - VIP invite to our celebration event at the Glee Comedy Club with free tickets and speaking slot

5in55 sponsorship pack

